

Therefore – Sabbath

Deuteronomy 5:12-15

Deuteronomy 5:15 (ESV)

You shall remember that you were a \_\_\_\_\_ in the land of Egypt, and the LORD your God \_\_\_\_\_ you out from there with a mighty hand and an outstretched arm. Therefore the LORD your God \_\_\_\_\_ you to keep the \_\_\_\_\_ day.

What is God's plan with the Sabbath?

Why is God commanding me to keep it?

Who is it for?

When was it established?

Where does Jesus claim to be the Sabbath?

How does it apply to me today?

**This Week's Verse**

Deuteronomy 5:15 (ESV)

You shall remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm. Therefore the LORD your God commanded you to keep the Sabbath day.

**This Week's Prayer**

Father, help me to remember that I was in bondage. Help me to remember I had no rest, therefore, you sent rest. Amen.

